

TEAM BUILDING

1-day Course

OVERALL AIM:

To give Team Leaders/Managers the skills to develop their people into a team and to be able to maintain and improve that Team's effectiveness.

WHO SHOULD PARTICIPATE:

Team Leaders/Managers who are responsible for getting the best from their Team

COURSE OBJECTIVES:

By the end of this course, participants will be able to:

- Understand what makes an effective Team
- Recognise when teamwork is important and where an individual fits in the Team framework
- Understand their particular strengths as apart of a Team and how these can be developed further
- Understand the benefits of teamwork to the individual and the organisation
- Understand Team dynamics and the role of the leader
- Understand how to work together more effectively

COURSE CONTENT:

- Introduction
- Objectives for the day
- What is a Team? Is yours a Team or a co-operative group?
- How a Team develops
- What kind of Team player am I?
- Individual strengths
- Ingredients for an effective Team
- Valuing people